

# Intracorp<sup>®</sup> 24 Hour Nurse Helpline Plan

**BANKERS**  
HEALTH ADVANTAGE X<sup>®</sup>

In an effort to assist our members to become more informed about their healthcare, Bankers Health Advantage is pleased to offer a telephone service that allows members to ask questions and receive information about their health, illnesses and medications.

Members have unlimited access to registered nurses via a toll-free number 24 hours a day, 365 days a year. These nurses are specially trained to offer prompt, confidential medical counseling to help members make informed decisions about their health and the medical care they receive. However, our nurses do not diagnose or provide treatment.

## The benefits include:

- Toll-free, confidential availability to registered nurses 24 hours a day.
- Access to a library of audio tapes on over 700 health topics found in the Nurse Helpline Booklet.
- Information about self care techniques for common symptoms.
- Explanations on what to expect during a medical test.
- Help from a registered nurse who can answer questions regarding:
  - diagnostic and surgical procedures
  - a recently diagnosed medical condition
  - prescription and over the counter medication information

